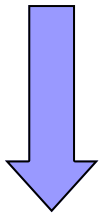


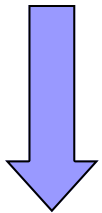
## PROCEDURES

Children are taught the following steps to help deal with bullying:

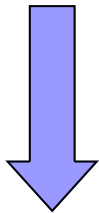
IGNORE



ASSERT



REPORT



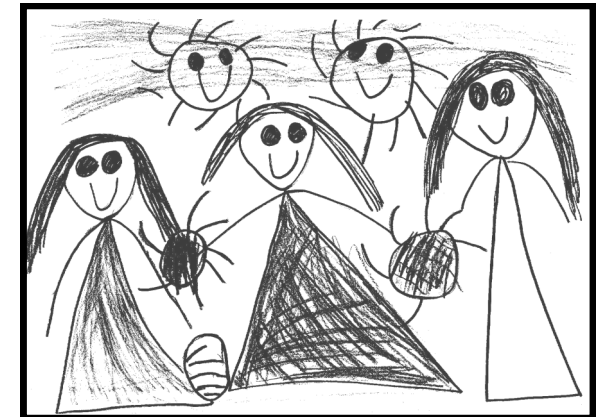
ACTION

## POSSIBLE SIGNS OF BULLYING

- ◆ Less interest in school
- ◆ Not wanting to go to school
- ◆ Complaints of headaches or stomach ache
- ◆ Frequent damage to or loss of property
- ◆ Difficulty sleeping, nightmares
- ◆ Generally unhappy, miserable or moody
- ◆ Having no friends for free time activities
- ◆ Rarely invited to parties / social activities

## Railway Town Public School

ANTI-BULLYING  
OVERVIEW



THE BEST IN THE WEST

At Railway Town students have the right to expect that they will spend the school day free from the fear of bullying, harassment and intimidation. Bullying must be taken seriously and is not acceptable in any form. Students, teachers, parents and members of the wider school community have a shared responsibility to create a safe and happy environment free from all forms of bullying. This also is applied to the use of Internet and Phone communication. Cyber bullying is a concern and we will act on any issues reported.

At Railway Town we will:

- ♦ openly talk about bullying, how it affects us and what we can do about it
- ♦ teach our children skills that will empower them to deal with bullying. Units will be taught in each stage each year
- ♦ follow school procedures for dealing with bullying.
- ♦ respond immediately when cyber bullying is reported

## DEFINITION

Intentional, repeated behaviour by an individual or group of individuals that cause distress, hurt or undue pressure.

Bullying can be verbal, physical, social, racial or psychological. It can occur both at school and over the internet.

## RAISE RESPONSIBILITY

A vital component of all aspects of our school life is the Raise Responsibility System. The system provides a framework of the range of behaviours experienced in society.

At the bottom is **A** which represents anarchy, where there are no rules and everyone only considers themselves.

The next level up is **B** which represents bullying or bossing and indicates the biggest or most powerful person runs the show and the rest fall in line.

Both **A** and **B** are unacceptable and are considered **below the line**.

Level **C** is indicative of co-operation, compliance and conformity as the standards of behaviour.

At the top of the hierarchy is **D** which represents democracy where people are acting and behaving for the well being of everyone. Both **C** and **D** are **acceptable** and are said to be **above the line**.

## EXPECTATIONS

### CLASSROOM

1. Come in sensibly
2. Get organised
3. Tune in
4. Ask questions
5. Give it your best shot

### PLAYGROUND

1. Speak nicely
2. Hands off
3. Make good choices

### INTERNET

1. Do not harm others with words and actions
2. Report any worries to a parent or teacher
3. Do not pass on login or passwords to others
4. Avoid chat rooms